

June 2022 Life Enrichment Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Please remember to wear your masks in all public areas including hallways, the library, lobby, and all activity programs.</p>			<p>1 10:00 Stretch & Balance FC 10:00 Wellness Clinic HO 10:30 Guided Meditation FC 10:45 Catholic Communion CR 1:00 Strength & Stability FC 2:00 Bingo CR 3:00 Chaplain's Snack Chat CR 6:30 Resident led Cards MR</p>	<p>2 9:30 Shopping 10:00 Chair Yoga FC 1:00 Stretch & Balance FC 3:00-4:00 Helen's Doggie Visits -Rooms 6:30 Resident led Cards MR</p>	<p>3 10:00 Cardio Drumming FC 11:00 Card Bingo CR 2:00 Resident Phone Directory Photos CR 3:00 Happy Birthday Hour ECR 6:30 Resident led Cards MR</p>	<p>4 9:00 Stride for Seniors OS 10:00 Resident Led Men's Group CR 2:00 Resident Led Women's Group 6:30 Resident led Cards MR</p>
<p>5 3:00 Sunday Matinee CR 6:30 Resident led Cards/Games CR</p>	<p>6 10:00 Stretch & Balance 10:15 Catholic Rosary CR 10:30 Guided Meditation FC 1:00 Strength & Stability FC 2:00 Pharmacy Education Presentation, Emily Brieske, West Salem Pharmacy 3:00-4:00 Doggie Visits with Helen- Rooms 6:00 Loggers Outing 6:30 Resident led Cards MR</p>	<p>7 10:00 Chair Yoga FC 11:00 Worship, Pastor Jacob Eichers CR 1:00 Bocci Ball OS 1:00 Cardio Drumming FC 2:15 Dice Bingo CR 3:30 SKIP BO CR 6:30 Resident led Cards MR</p>	<p>8 10:00 Stretch & Balance FC 10:00 Wellness Clinic HO 10:30 Guided Meditation FC 11:00 Chaplain's Hour CR 1:00 Resident Meeting CR 2:00 Strength & Stability FC 2:00 Bingo CR 4:15 Poker Tourney CR 6:30 La Crosse Concert Band Outing, Royalty, Riverside Park 6:30 Resident led Cards MR</p>	<p>9 9:30 Shopping 10:00 Chair Yoga FC 11:00 Blackjack CR 1:00 Stretch & Balance FC 2:00 Musical Memories CR 3:00-4:00 Helen's Doggie Visits -Rooms 6:30 Resident led Cards MR</p>	<p>10 10:00 Cardio Drumming FC 11:00 Card Bingo CR 12:30 La Crosse Queen Riverboat Cruise Outing 3:00 Happy Hour ECR 6:30 Resident led Cards MR</p>	<p>11 10:00 Resident Led Men's Group CR 2:00 Resident Led Women's Group CR 6:30 Resident led Cards MR</p>
<p>12 3:00 Sunday Matinee CR 6:30 Resident led Cards/Games CR</p>	<p>1310:00 Stretch & Balance 10:15 Catholic Rosary CR 10:45 Set Up Hobby Expo CR 10:30 Guided Meditation FC 11:30 Your Choice Lunch Outing CR 1:00- 3:00 Hobby Expo CR 1:00 Strength & Stability FC 2:00 Blackjack ECR 3:00-4:00 Doggie Visits with Helen- Rooms 6:30 Resident led Cards MR</p>	<p>14 10:00 Chair Yoga FC 11:00 Worship, Onalaska United Methodist CR 1:00 Corn Hole OS 1:00 Cardio Drumming FC 2:15 654 Dice Game CR 3:30 UNO CR 6:30 Resident led Cards MR</p>	<p>15 10:00 Stretch & Balance 10:30 Guided Meditation FC 11:00 Chaplain's Grief Circle PDR 1:00 Strength & Stability FC 2:00 Bingo CR 4:15 Poker Tourney CR 6:30 La Crosse Concert Band Outing, Family Travels, Riverside Park 6:30 Resident led Cards MR</p>	<p>16 9:30 Shopping 10:00 Chair Yoga FC 11:30 Loggers Outing 1:00 Stretch & Balance FC 2:00 Musical Memories CR 3:00-4:00 Helen's Doggie Visits -Rooms 6:30 Resident led Cards MR</p>	<p>17 10:00 Cardio Drumming FC 11:00 Card Bingo CR 11:00 Westby Norwegian Lunch & Shopping 3:00 Chelsey's Cocktail Creations ECR 6:30 Resident led Cards MR</p>	<p>18 10:00 Resident Led Men's Group CR 11:00 Cover the Number Dice Game CR 2:00 Resident Led Women's Group CR 6:30 Resident led Cards MR</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 Father's Day 1:00 Dad's Root Beer Floats ECR 3:00 Sunday Matinee CR 6:30 Resident led Cards/Games CR	20 10:00 Stretch & Balance 10:15 Catholic Rosary CR 10:30 Guided Meditation FC 11:30 Your Choice Lunch Outing 1:00 Strength & Stability FC 2:00 Blackjack CR 2:00 Book Talk, Ruth Scholze, LaX Co. Lib CR 3:00-4:00 Doggie Visits with Helen- Rooms 6:30 Resident led Cards MR	21 10:00 Technology Tuesday 10:00 Chair Yoga FC 11:00 Worship, Pastor David Baumgarn CR 1:00 Cardio Drumming FC 2:00 Mindfulness & Memory Presentation by Kristie CR 6:00 Loggers Outing 6:30 Resident led Cards MR	22 10:00 Stretch & Balance FC 10:30 Guided Meditation FC 1:00 Strength & Stability FC 2:00 Bingo CR 4:15 Poker Tourney CR 6:30 La Crosse Concert Band Outing, Dancing by the Riverside, Riverside Park 6:30 Resident led Cards MR	23 9:30 Shopping 10:00 Chair Yoga FC 11:00 Blackjack CR 1:00 Stretch & Balance FC 2:00 Musical Memories 3:00-4:00 Helen's Doggie Visits -Rooms 6:30 Grumpy Old Men Band Concert OS	24 10:00 Cardio Drumming FC 11:00 Card Bingo CR 11:30 National Eagle Center Outing 3:00 Happy Hour ECR 6:30 Resident led Cards MR	25 10:00 Resident Led Men's Group CR 2:00 Resident Led Women's Group CR 6:30 Resident led Cards MR
26 3:00 Sunday Matinee CR 6:30 Resident led Cards/Games CR/MR	27 9:30 Pontoon Ride & Fishing Outing 10:00 Stretch & Balance FC 10:15 Catholic Rosary CR 10:30 Guided Meditation FC 1:00 Strength & Stability FC 2:00 Patriotic Craft CR 3:00-4:00 Doggie Visits with Helen- Rooms 6:30 Resident led Cards MR	28 10:00 Chair Yoga FC 11:00 Worship Rev. Karen Banks CR 12:45 Oktoberfest Royal Family Visit OS 1:00 Cardio Drumming FC 2:15 LCR Dice Game CR 3:30 SKIP BO 6:30 Resident led Cards MR	29 10:00 Stretch & Balance FC 10:30 Guided Meditation FC 1:00 Strength & Stability FC 2:00 Bingo CR 3:15 Poker Tourney CR <i>*earlier time</i> 5:00 Black Forest Bistro Dinner Outing 6:30 Resident led Cards MR	30 9:30 Shopping 10:00 Chair Yoga FC 11:00 Blackjack CR 1:00 Stretch & Balance FC 2:00 Patriotic Musical Memories CR 3:00-4:00 Helen's Doggie Visits -Rooms 6:30 Resident led Cards MR	Sign-up is required for Havenwood Van Outings Sign up in the Red Binder located at the concierge desk. Masks are required when riding the van. Unvaccinated residents, as required by the CDC, are required to social distance six feet	Key CR=Great River Community Room ECR=Emerald Club Room MR=Mail Room, Gathering Place FC=Fitness Center LIB=Thomas G. Rowe Library L=Lobby WG=T. B. Walker Grill PDR=Private Dining Room HO=Health Services Office OS=Outside

Happy Birthday

6-16 Charles B.

6-17 Lois N.

6-26 Audrey K.

6-29 Mike M.

6-29 Elmer Q.



HAPPY

FATHER'S
DAY

**Calendar is
 Subject to Change**